



affirmations for self love

1. I am worthy of love
2. I am perfect the way I am
3. I am deserving of happiness
4. I love my body
5. I am enough
6. I am strong
7. I am confident
8. I am kind to myself
9. I accept myself unconditionally
10. I believe in myself
11. I am proud of myself
12. I am doing my best
13. I am beautiful inside out
14. I deserve to be appreciated
15. I am worthy
16. I am full of gratitude
17. I add value to the world
18. I enjoy my own company
19. I am smart
20. I learn and grow every day
21. I am a priority
22. I am in control of my emotions
23. I forgive myself
24. I respect myself
25. I love myself